

## CTRR Legs — Strava Links

| Strava Link                 | Name          | Distance | Rating | Gain (m) |
|-----------------------------|---------------|----------|--------|----------|
| <a href="#">CTRR Leg 1</a>  | Opener        | 17.00    | 3.5    | 319      |
| <a href="#">CTRR Leg 2</a>  | North River   | 17.92    | 3.5    | 275      |
| <a href="#">CTRR Leg 3</a>  | Wreck Cove    | 13.46    | 2      | 138      |
| <a href="#">CTRR Leg 4</a>  | Smokey        | 20.01    | 5      | 562      |
| <a href="#">CTRR Leg 5</a>  | Ingo          | 17.50    | 3.5    | 198      |
| <a href="#">CTRR Leg 6</a>  | North of Ingo | 17.50    | 4.5    | 377      |
| <a href="#">CTRR Leg 7</a>  | Cape North    | 13.10    | 3      | 201      |
| <a href="#">CTRR Leg 8</a>  | Sunset        | 12.36    | 2.5    | 193      |
| <a href="#">CTRR Leg 9</a>  | North         | 17.84    | 5      | 600      |
| <a href="#">CTRR Leg 10</a> | MacKenzie     | 14.70    | 5      | 448      |
| <a href="#">CTRR Leg 11</a> | Downhill      | 14.00    | 3.5    | 426      |
| <a href="#">CTRR Leg 12</a> | Skyline       | 15.78    | 3      | 350      |
| <a href="#">CTRR Leg 13</a> | Cheticamp     | 15.88    | 3      | 268      |
| <a href="#">CTRR Leg 14</a> | Into Margaree | 19.81    | 4      | 141      |
| <a href="#">CTRR Leg 15</a> | Margaree      | 15.42    | 2      | 264      |
| <a href="#">CTRR Leg 16</a> | Middle River  | 15.35    | 2      | 124      |
| <a href="#">CTRR Leg 17</a> | Steve Dunn    | 18.70    | 4.5    | 282      |